

Rejuvenation Spa at Myconian

Add to the restorative benefits of the Aegean's ionized sea air, saltwater and sun by taking your well-being to the next level at our spas, where therapeutic pools, steam rooms, exclusive products and treatments by expert therapists await.

Just consider our spas a destination; a world that moves to serene rhythms of rejuvenation, where the social-media overload seems absurd and even the island's sun and crystal blue waters lose their allure for a moment, in the pursuit of wellness.

Discover the serene ambience of our state-of-the-art facilities with spacious therapy rooms, heated indoor pools, steam baths and a hammam, as well as our therapeutic Thalasso pools with different temperatures and salinity contents that have salutary effects on joints and back problems, arthritis, osteoporosis and water retention.

ELEMIS DEEP TISSUE BACK OR FULL BODY MASSAGE: 55 minutes. This is a vigorous workout for the body, perfect to alleviate high stress levels. Tailored entirely to your needs, it leaves you feeling grounded and focused. Your therapist will select an aromatic oil according to your concerns. Muscle pain, stress relief, pure relaxation or emotional balance. As effective as an hour's stretching, but so much more nurturing. **A 10% discount on spa services will be extended to our guests that make appointments during their stay.**

Discover Mykonos Guided Tour

We will depart from the Hotel by coach and drive in the direction of Mykonos town.

Our first stop will be the village of Ano Mera that sits right in the innermost part of Mykonos, and it's the second largest settlement on the island after the town of Mykonos itself. Like many other historic towns, life in this village revolves around its marvelous, white-tiled central square which acts as a hub for many taverns and souvenirs shops. It is also on this square you'll find Ano Mera's most famous ancient structure: the Panagia Tourliani Monastery.

Panagia Tourliani dates back to the 16th century. Its impressive bell tower and marble fountain founded in 1542 by two monks from Paros island, and then restored in 1767. There is a quiet, yet imposing gravitas to the structure, and its white walls – *visible even from a distance* – are a sight to behold.

For many years, the monastery had a different name, but after an icon of the Holy Virgin Mary was found on Tourlos, it was renamed to its current moniker. Panagia Tourliani, or "The Holy Tourlos".

Upon arrival in town, we shall follow our guide into the infamous Mykonos Town. This is definitely one of the nicest and most charming towns of the Greek islands, a place to wonder around for days and every time find something unexpected. Because of the street layout (intended to confuse pirates) it's also the perfect place to lose your way.

Our guide will take us around the little streets and we will pass by the area of "Tria Pigadia" or three (identical) wells, sitting in a row outside the famous Astra bar. The wells were fully functional and quite

vital for the town until the year of 1956. Now they remain as an icon and an attraction, also due to the well known legend that says that if a virgin drinks the water from all three wells it will most certainly find a husband!

Our walking tour would not be complete if we did not pass by Matogianni street, the most well known street in Mykonos, where the retail and nightlife heart of the island beats. Here you'll find many designer stores with clothing, accessories, jewellery and works of art, while it wouldn't be too bold to say that many of the fashion trends originate here. Matogianni is also the perfect spot to come to, for after midnight drinks, strolling through the streets leading to Matogianni Street in Mykonos. As the locals say, all roads lead to Matogianni.

During our walk, will also have the opportunity to experience the vantage points of the Windmills, towering over the sea southeast of the capital, one of most wellknown Mykonos landmarks. These whitewashed, straw-capped windmills once contributed to the island's economy. During the 19th century, there were about 28 windmills on the island, constituting its leading small industry, grinding grains from other areas, which were then loaded back onto ships either in the form of flour or bread and shipped off to other islands.

Descending, we will finally arrive to Little Venice, or Alefkandra, an utterly picturesque neighbourhood in Mykonos, where the homes of the rich merchants of the island were located in the 18th century. The homes here seem to be floating on water, while when the weather is bad, the waves reach up to the walls of the shops and homes, adding to the area's character. The remarkable architecture of Little Venice, which includes multi-coloured loggias and windows, is reminiscent of Italy. Little Venice of Mykonos is worth visiting at all hours of the day, but even more so at sunset, to relax enjoying a cocktail at one of the cafés along the waterfront.

Viomo Vineyard & Farm Tour

Our tour will take us to the Vioma Organic Farm, established on the island of Mykonos in 1994 as the result of Nikos Asimomytis' desire to abandon Athens and his career in banking and return to his fatherland.

The organic farm is based on the values of tradition and the wisdom of nature - a testimony of genuine Mykonos hospitality and hosts 20 be-hives producing pure honey, a vineyard producing wine, vinegar, vine leaves, grape molasses and table grapes while their gardens produce organic seasonal vegetables and organic flour with a variety of seeds used to prepare bread & pies in the wood-oven.

At the farm guests will have the chance to tour the facilities and learn more about what and how and farm produces, before we reach the farmhouse for a cooking demonstration and a wine tasting experience accompanied by local traditional meze.

CRUISE TO DELOS & RHENIA BY TRADITIONAL WOODEN BOAT

We will depart from the Mykonos Harbour by a private chartered wooden kaiki vessel for a mid-morning visit to the island of Delos.

This sacred island was in the myths the birthplace of Apollo and Artemis. Today the 5km square island is uninhabited, but it boasts a vast archaeological site whose superb monuments draw thousands of visitors in pilgrimage to what was, for a thousand years or so after the 9th century BC, the political and religious center of the Aegean.

The archaeological site covers almost the entire island where one can see the Sanctuary of Apollo, the Sanctuary of Bulls and the Sanctuary of Artemis with an Ionic temple, the famous Terrace of the Lions and some superb mosaic floors with representations of Dionysos, a dolphin and a trident. The museum of Delos has sculptures of the Archaic, Classical, Hellenistic and Roman periods, together with a collection of vases from various periods.

Quarantine of the Delos: Built by the famous Mavrikos family on the island of Syros, the Quarantine of Delos is a traditional handcrafted wooden Kalavoskaro-style sail cruiser. This classic Greek model is similar in design to that of the Liberty, measuring a full 17 meters in length its elegance and stability are its foremost qualities. One of the most perfect crafts made and fell in the sea in 1995.

Of the 60 certified heritage vessels of Greece, the 'Quarantine of Delos' is registered and distinguished member of this unique, traditional fleet. With acute attention to aesthetic and mechanical maintenance the craft is powered by twin inboard 175 hp engines, and are outfitted with sailing masts and rigging.